

Name: _____

Enrichment Activity 16-2 (B)

Word Bank:

cardiac muscles

contraction

extension

Smooth muscles

muscular dystrophy

skeletal muscles

1. There are more than six hundred of these muscles in the human body. They are the muscles that help you move. What are these muscles called?

2. These muscles are found in the organs, blood vessels, and glands. The mouth, stomach, and lungs are made up of these muscles. What are these muscles called? _____.
3. These muscles are found only in the walls of the heart. They work even while you sleep. What are these muscles called _____.
4. This type of action shortens muscle fibers. What type of action is this called? _____.
5. This type of action lengthens muscle fibers. What is this action called?
_____.
6. This is a serious problem in which the skeletal muscle tissue gradually wastes away. Eventually people with this disease can no longer stand or walk. What is this muscular problem? _____