**Robin Gunkel’s Health Class Lesson Plans**

**WEEK OF:** **December 10-Dcember 14**

**This Week’s Focus Standards**

**8th grade Health**

**State Goal.23.B.3a**

**7th Grade Health**

**State Goal.23.A3a**

**5th Grade Health**

**State Goal.24.A3.b**

**6th grade Health**

**State Goal.23.B.3a**

**Subject Activities & Additional Homework**

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|  | 8th | **7th** | **5th** | **6th** |  |
| Mon  Dec  10 | **Objective:** Students will learn about alcoholism & alcohol abuse  **Activities:** lecture and discussion  **Assessment:** exit question  **Homework**: Study notes for 5 minutes a night | **Objective:** Students will learn about the function, parts, problems and how to care for the respiratory system  **Activity:** lecture and discussion  **Assessment:** verbal question and answer  **Homework:** Study notes for 5 minutes a night | **Objective:** Students learn about the benefits of physical activity  **activities:** lecture & discussion on lesson 3  **Assessment:** discussion  **Homework**: look over notes for 5 minutes | **Objective:** Students will learn about the criteria for their disease board game project.  **Activity**: collaborate with group members to make the index cards for the game.  **Assessment**: Students are working collaboratively.  **Homework**: |  |
| Tue  Dec  11 | **Objective:** Students will learn about alcoholism & alcohol abuse  **Activities:** lecture and discussion  **Assessment:** discussion  **Homework**: Study notes for 5 minutes a night | **Objective:** Students will learn about the function, parts, problems and how to care for the respiratory system  **Activity:** lecture and discussion  **Assessment:** worksheet on the respiratory system  **Homework:** Study for quiz on Wednesday | **Objective:** Students learn about the benefits of physical activity  **activities:** lecture & discussion on lesson 3  **Assessment:** discussion  **Homework**: look over notes for 5 minutes | **Objective:** Students will learn about the criteria for their disease board game project.  **Activity**: collaborate with group members to make the index cards for the game.  **Assessment**: Students are working collaboratively.  **Homework**: |  |
| Wed  Dec12 | **Objective:** Students will learn about how to get help for alcohol abuse  **Activities:** lecture & discussion  **Assessment:** discussion  **Homework**: Study notes for 5 minutes a night | **Objective:** Students will learn work on their body makeover project.  **Activity:** finish labeling the skeletal bones and color and paste the lungs on the body makeover project  **Assessment:** quiz on respiratory system  **Homework:** | **Objective:** Students learn about the benefits of physical activity  **activities:** lecture & discussion on lesson 3  **Assessment:** discussion  **Homework**: look over notes for 5 minutes | **Objective:** Students will work on their board game.  **Activity**: work collaboratively to create the board game.  **Assessment**: Students are working collaboratively.  **Homework**: |  |
| Thur  Dec 13 | **Objective:** Students will learn about how to get help for alcohol abuse  **Activities:** lecture & discussion  **Assessment:** worksheet  **Homework**: Study for quiz on Friday | **Objective:** Students will learn about lung capacity.  **Activities:** lung lab  **Assessment:** answering questions on the lung lab  **Homework**: finish lung lab questions | **Objective:** Students learn about the benefits of physical activity  **activities:** lecture & discussion on lesson 3  **Assessment:** worksheet  **Homework**: Study for quiz on Friday | **Objective:** Students will work on their board game.  **Activity**: work collaboratively to create the board game.  **Assessment**: Students are working collaboratively.  **Homework**: |  |
| Fri  Dec  14 | **Objective:** Students will show their understanding of alcoholism and abuse.  **Activity:** students willwatch a video about true stories about alcohol  **Assessment:** Quiz on alcoholism and alcohol abuse  **Homework**:  **Modifications:** | **Objective:** Students will learn about the functions, parts, problems, and how to care for the circulatory system.  **Activities:** lecture and discussion of the circulatory system.  **Assessment:** verbal question and answers  **Homework**: look over notes for 5 minutes a night | **Objective:** Students learn about a balanced workout.  **activities:** lecture and discussion  **Assessment:** Quiz  **Homework**: look over notes for 5 minutes a night | **Objective:** Students will work on their board game.  **Activity**: work collaboratively to complete the board game project.  **Assessment**: Students complete their project on time.  **Homework**: |  |