**Robin Gunkel’s Health Class Lesson Plans**

**WEEK OF:** **December 10-Dcember 14**

**This Week’s Focus Standards**

**8th grade Health**

**State Goal.23.B.3a**

**7th Grade Health**

**State Goal.23.A3a**

**5th Grade Health**

**State Goal.24.A3.b**

**6th grade Health**

**State Goal.23.B.3a**

**Subject Activities & Additional Homework**

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|  | 8th | **7th** | **5th**  | **6th** |  |
| MonDec10 | **Objective:** Students will learn about alcoholism & alcohol abuse**Activities:** lecture and discussion**Assessment:** exit question**Homework**: Study notes for 5 minutes a night | **Objective:** Students will learn about the function, parts, problems and how to care for the respiratory system**Activity:** lecture and discussion**Assessment:** verbal question and answer**Homework:** Study notes for 5 minutes a night | **Objective:** Students learn about the benefits of physical activity**activities:** lecture & discussion on lesson 3**Assessment:** discussion**Homework**: look over notes for 5 minutes | **Objective:** Students will learn about the criteria for their disease board game project.**Activity**: collaborate with group members to make the index cards for the game.**Assessment**: Students are working collaboratively.**Homework**:  |  |
| TueDec11  | **Objective:** Students will learn about alcoholism & alcohol abuse**Activities:** lecture and discussion**Assessment:** discussion**Homework**: Study notes for 5 minutes a night | **Objective:** Students will learn about the function, parts, problems and how to care for the respiratory system**Activity:** lecture and discussion**Assessment:** worksheet on the respiratory system**Homework:** Study for quiz on Wednesday | **Objective:** Students learn about the benefits of physical activity**activities:** lecture & discussion on lesson 3**Assessment:** discussion**Homework**: look over notes for 5 minutes | **Objective:** Students will learn about the criteria for their disease board game project.**Activity**: collaborate with group members to make the index cards for the game.**Assessment**: Students are working collaboratively.**Homework**:  |  |
| WedDec12 | **Objective:** Students will learn about how to get help for alcohol abuse**Activities:** lecture & discussion**Assessment:** discussion**Homework**: Study notes for 5 minutes a night  | **Objective:** Students will learn work on their body makeover project.**Activity:** finish labeling the skeletal bones and color and paste the lungs on the body makeover project**Assessment:** quiz on respiratory system**Homework:**  | **Objective:** Students learn about the benefits of physical activity**activities:** lecture & discussion on lesson 3**Assessment:** discussion**Homework**: look over notes for 5 minutes | **Objective:** Students will work on their board game.**Activity**: work collaboratively to create the board game.**Assessment**: Students are working collaboratively.**Homework**:  |  |
| ThurDec 13 | **Objective:** Students will learn about how to get help for alcohol abuse**Activities:** lecture & discussion**Assessment:** worksheet**Homework**: Study for quiz on Friday | **Objective:** Students will learn about lung capacity.**Activities:** lung lab**Assessment:** answering questions on the lung lab**Homework**: finish lung lab questions | **Objective:** Students learn about the benefits of physical activity**activities:** lecture & discussion on lesson 3**Assessment:** worksheet**Homework**: Study for quiz on Friday | **Objective:** Students will work on their board game.**Activity**: work collaboratively to create the board game.**Assessment**: Students are working collaboratively.**Homework**:  |   |
| FriDec 14 | **Objective:** Students will show their understanding of alcoholism and abuse.**Activity:** students willwatch a video about true stories about alcohol**Assessment:** Quiz on alcoholism and alcohol abuse**Homework**: **Modifications:** | **Objective:** Students will learn about the functions, parts, problems, and how to care for the circulatory system.**Activities:** lecture and discussion of the circulatory system.**Assessment:** verbal question and answers**Homework**: look over notes for 5 minutes a night  | **Objective:** Students learn about a balanced workout.**activities:** lecture and discussion**Assessment:** Quiz**Homework**: look over notes for 5 minutes a night | **Objective:** Students will work on their board game.**Activity**: work collaboratively to complete the board game project.**Assessment**: Students complete their project on time.**Homework**: |  |