**8th Grade Health Class**

Dear Parents/Guardians,

Hello, my name is Robin Gunkel. I want to take this opportunity to introduce myself and let you know that I am pleased and excited to have your son or daughter in my 8th grade health class. I am providing the following information so you will know what my expectations are and how your student can be successful in my class. Please take time to discuss the information here with your son or daughter. Although I am going over this information in class, discussing it at home will be a meaningful way to increase understanding. If you have any questions or concerns, please feel free to contact me at [rgunkel@arbor145.org](mailto:rgunkel@arbor145.org)

I believe that if we all work together, your student’s success is certain!

The purpose of this class is for students to learn about alcohol, tobacco, and drugs and how these substances produce short and long term harmful effects on the body. The major goal of this course is for students to want to stay away from drugs and know how to deal with the pressures they will face as they enter high school.

**Classroom Goals:**

**Alcohol, Tobacco, & Drugs- All Students will:**

* Learn to take notes from Active Inspire presentations on the information about the harmful effects that these drugs have on the body.
* Keep a folder for notes and assignments.
* Perform alcohol simulations on blurred vision, hand eye coordination, and slurred speech.
* Read and present articles on alcohol
* Perform a lab on Constricted blood vessels
* Learn to study and stay on task both in class and with homework.
* Develop a Drug Power Point presentation
* Present and teach a lesson on Tobacco
* Take quizzes and comprehensive tests on Alcohol , Drugs, & Tobacco
* Perform a Mock Trial on the Tobacco Industry
* Watch a few videos on Alcohol & Drugs

**Guidelines for Success:**

**Attitude**- has a positive attitude

**Responsibility**- be responsible for yourself and your actions

**Behavior**-obey all rules and guidelines in class and in the APMS handbook

**Organization**-have all materials at all times in the classroom

**Respect**- treat all teachers, classmates, and yourself with respect

**Activities could consist of:**

* Pre-tests
* Bell Ringer/ attendance routine
* Teacher-directed instruction, lecture
* Student –directed instruction
* Note taking
* Discussion
* Cooperative groups
* Independent work
* Labs
* Exit questions
* Projects
* Quizzes/Tests

**Grades**

70% Formal Assessment - Consists of Quizzes, Tests, projects, Final Trimester Exam

30% Informal Assessment - in class work, homework, participation, & prepared for class.

**Grading Scale**

90-100-A 70-79- C Below 60- F

80-89 – B 60-69- D

**Classroom Rules and Procedures**

* **Entering the Classroom**- When students enter the classroom they will sit in their seat and answer the **Bell Ringer** that will be on the board in their spiral or while attendance is being taken.
* **Tardy to Class**- If a student walks into the classroom after the bell rings they will be marked tardy to class unless they present a pass from a teacher. Three unexcused class tardies will result in a referral to the office.
* **Talking in class**- Students will raise their hand and wait to be called on in order to talk in class. Only one student will talk at a time. There will be no blurting out or students talking among themselves.
* **Materials**- Students are responsible to have their materials consisting of a folder, paper, homework and a writing utensil to class each day. Students will not be allowed to go back to their locker for missing materials.
* **Daily Assignments**- will be written on the blackboard under each grade level.
* **Homework Assignments**- Homework assignments will be monitored whether they are completed or incomplete. The grade for homework will be under the 30% informal assessment.
* **Returning assessments to Students**- The teacher will return all graded quizzes and projects back to the students. Tests will be kept in the classroom until the end of the school year.
* **Finding out Grade Status**- Students will be able to check their grades weekly on Power school or in class. They will be posted on the bulletin board by their ID#.
* **Student Responsibility after an Absence**-It is the responsibility of the student to find out what they missed when they were absent. Notes & Worksheets can be found on a table in the front of the class. They can also be found on my weebly page. Students will have the same amount of days to make up the work as the number of days they missed (ex. one day out, one day to make up the assignment, the assignment is due the next class period).
* **If a Student Misses a Test-** If the student was in class the class period the test was assigned, the student will make the test up when they return to class. If the student was absent the class period the test was assigned, the student will make up the test one class period after they returned to class.
* **Late, Missing, or Incomplete Assignments**- Students shall complete their work on time and to the best of their ability. Should a student fail to complete an assignment, that child will be required to attend that week’s session of Z.A.P. Z.A.P.(zeros aren’t permissible) will take place in the APMS Media Center each Friday from 2:31-4:15pm. A bus will provide transportation home after every Z.A.P. session. On an early release day, students will report to the lunch detention room for Z.A.P. The bus will come at 2:30pm to take students home.

**Communication Procedures with Parents**-I encourage the line of communication between myself, the student, and the parent. Your student knows that he/she can always ask me questions in class or can see me before or after school if they need help. I am at school from 7:30-4:30. I intend to contact any parent whose child’s grade falls lower than a C in my class after mid-term via E-mail or by phone. I will also make contact if your child is receiving lower than a C right before the end of the trimester so there are no surprises. If you would like to contact me, my e-mail is [**rgunkel@arbor145.org**](mailto:rgunkel@arbor145.org)**. I also have a website robingunkel.weebly.com, where you can find all study guides and worksheets should your child misplace them?**

* **Ending Class**- Students will organize their own materials and

Remain seated at their desk until the bell rings.

**●Consequences for Classroom Rule Violations** -per class period- students who break the classroom rules will be given a verbal warning for the 1st violation, 2nd violation will result in a call home to the parent, & the 3rd violation will result in a written referral to the Assistant Principals office.

We have discussed this information about how to be successful in Mrs. Gunkel’s Health Class.

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_