

Name _____

Date _____

Class Period _____

Reteaching Activity 12-5

Road to Recovery

An alcoholic's road to recovery consists of several steps. Each step must be fully and honestly completed before the alcoholic can move on to the next step of recovery.

Directions: Read the stories about Shanice below. Use the words in the box to label her steps on the road to recovery. Write your answers on the space provided.

admission
relapse

intervention
resolution

withdrawal
counseling

1. Shanice's family and friends were very worried about her. At first Shanice's drinking seemed harmless. Now she was sneaking alcoholic drinks, skipping school, and had a near-fatal car accident because she was driving while intoxicated. One night, her family and friends gathered and told Shanice about their concerns. They urged her to agree to find help.
2. Shanice realized how much control alcohol had over her life. She saw how her alcohol abuse had affected her family and friends. She knew she had a problem. The next day, she decided to attend her first Alcoholics Anonymous meeting.
3. Shanice's first two weeks without alcohol were difficult. She had constant headaches and felt nauseous all the time.
4. A month later, Shanice had a terrible day at school. She realized she was failing two classes. She immediately began drinking alcohol again.
5. Shanice's sponsor from AA helped her to throw away the alcohol and return to the AA meetings. She went to meetings almost every day for six months.
6. After one year of being sober, Shanice knew that she would never drink alcohol again. She knew the damage that alcohol could do to her life and the lives of those she loved. She took responsibility for her previous actions.

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Concept Mapping Activity 12-5

Directions: Complete the concept map on help for alcohol use, using terms and phrases from your textbook.

Intervention is a gathering in which family and _____ get the problem drinker to _____ to seek help.

_____ is the process of learning to live an alcohol-free life.

Steps Along the Road:

1. _____

2. _____

3. _____

4. _____

Community resources that can help alcoholics include:

- mental health and counseling centers
- _____